



Spring break 2026

Fun for families of every age !

NEWS RELEASE

For immediate release

Sherbrooke, February 25, 2026 – Winter is well under way and thanks to an abundance of snowfall in the Townships this year, the conditions for visitors to enjoy the great outdoors have never been better. The region's restaurants for their part, have designed menus featuring delicious, gourmet dishes and the museums are offering creative, innovative programs that the entire family can enjoy.

Spring Break in the Eastern Townships offers winter fun, maple treats and exciting activities that are geared to all ages, no matter what the weather !

Skiing in the Townships

Given that this winter the region has received an above average accumulation of snow, the ski resorts have come up with lots of family-friendly activities – both on and off the slopes.

At [Owl's Head](#), families can take part in a treasure hunt for « owls » placed strategically along the trails. The ski centre also offers quiz nights, après-ski festivities and line dancing !

[Mont SUTTON](#) is offering activities throughout the two upcoming spring breaks for [Quebec](#) and [Ontario](#). The SUTTON Snow School is organizing treasure hunts and snow sculpting on the slopes and families can sample winter activities such as riding a yooner (a cross between a single ski and a sled) or a snowscooter. They can even try their hand at telemark skiing. After a day in the fresh air, skiers can relax with a musical après-ski evening at the Bar Le Tucker.

A Western theme is front and centre at [Bromont montagne d'expériences](#). Spring break activities include a treasure hunt, a rodeo (on the slopes !) and a variety of games. These are in addition to the usual winter attractions offered at the mountain resort – the [Démo Café William](#), [Défi 7 Versants](#) and the [Nuit Blanche](#). Rounding out the week of festivities will be a celebration of Grizzly the mascot's birthday, on the final day of the spring break.

[Mont Orford](#) also has a lineup of fun festivities for the school break. Events kick off on February 28 with a festive gondola ride featuring singer/DJ Mike Clay. The terrace at the base of the mountain will be converted into a sugar shack where families can enjoy fun activities – maple taffy on snow, a costume parade, a snow sculpture competition and storytelling sessions. To end the week with a bang, raise a glass (or two !) at the Slalom Pub where singer/songwriter Dylan Leney will be on hand to entertain the revellers (March 7).



Photo credit: Mont-Orford

The great outdoors

If you're looking for somewhere to take a brisk walk in the fresh air, the [Marais de la Rivière-aux-Cerises](#) in Magog certainly fits the bill. On Saturday, February 28 (10am-12 noon) the interpreters at the Marsh will lead visitors along the « mammal trail » where they will learn how to spot animal tracks. Another outdoor activity is the « Ice Rally », a self-guided walk along a trail flanked by panels with questions about how animals manage to survive in winter - a fun and educational experience for the entire family. To see how many questions you get right, pick up the answer sheet at the Interpretation Centre (March 4-8, from 10am-4pm).

The [Centre d'interprétation de la nature du lac Boivin](#) is running a « Nature Day Camp » for kids aged 5 to 10 (March 2-6) when they'll discover fascinating facts about the creatures who live in the natural surroundings of Granby's interpretation centre. Bird watching is also on the agenda, as are tastings of maple taffy on snow. Participants can register for the five days that the Nature Day Camp is running or just for individual days.

At [Mont Megantic National Park](#) visitors can enjoy the winter break in a dizzying environment of deep snow and starlit skies. Outdoor lovers can revel in nature along snowshoe trails, challenge themselves to climb Mont Saint-Joseph or go sledding. During the evening, visitors can satisfy their curiosity about the Universe by participating in Aurores (Auroras), a guided astronomy activity that explains the fascinating phenomenon of the Northern Lights.

[Baie-des-Sables](#), which is also in the Megantic region, is a great place to recharge your batteries before having to go back to school. The tourist centre is offering a wide range of spring break activities – cross-country skiing, winter trail walking, downhill skiing/snowboarding and tubing. The tube slide now has a ski lift, saving a trek to the top.

Ice fishing, one of the most traditional winter activities in Quebec, is on offer at [Manoir Hovey](#) in North Hatley. The luxury resort (part of the Relais & Chateaux network) overlooks Lac Massawippi and a fishing guide is on hand to teach guests how to find the elusive creatures that lurk under its frozen surface.

Another place to learn the techniques involved in ice fishing is [Parc Découverte Nature](#) in the Coaticook region. If participants are lucky enough to catch a fish (they're baited with a chunk of corn) staff will help them to clean it so they can proudly carry it home in a bag of ice !



Photo credit: Parc Découverte Nature

[Jouvence](#), a resort in the heart of Mont Orford National Park, is once more offering an all-inclusive spring break program. Designed for people of all ages, it includes meals (served buffet style) and accommodation, as well as access to on-site winter sports (cross-country skiing, snowshoeing, skating etc.) – the ideal formula for boosting your energy !

Sugaring off season is on the doorstep !

Two attractions in the Megantic region are already offering sweet treats imbued with maple flavours... From February 27 onwards, [La Martine](#) is serving sugar shack meals with all the trimmings, to groups (families, friends, corporate), while [Ferme des Petits Torrieux](#) invites visitors to an immersive experience with a traditional theme. In addition to being treated to a sugar shack meal, they get to meet the animals on the farm and learn about the various commands given to horses (March 6,7 and 8).

Ideas for indoor activities

At [Ratatouille](#), a gourmet hub in Magog, families can test their talent for cooking. Through culinary classes and food-oriented workshops, parents and children can compete with one another (but in a friendly way!) and learn something about how to create delicious dishes with tasty ingredients.

The Educazoo is a family-friendly, educational activity themed around the care and protection of animals. On Saturday, March 7, animal lovers can get up close and personal with these fascinating creatures when Educazoo will be one of the spring break offerings at the [Marais de la Rivière-aux-Cerises](#). There are two time slots when visitors can learn about (and even handle) the animals : 1pm-12 noon and 1pm-2pm.

During the spring break, the [Sherbrooke Museum of Fine Arts](#) will be offering a variety of fun activities for families. The line-up includes creative workshops, an improvised dance session, a virtual reality experience, guided tours and opportunities to meet local artists. (February 28 – March 8. Please note, on Thursday, March 5, admission is free.)



Photo credit: Musée des beaux-arts de Sherbrooke



Valcourt's [J. Armand Ingenuity Museum](#) is inviting families to put on their thinking caps to overcome a variety of challenges. The hands-on exhibits don't come with instructions. Participants have to rely on their own intuition, creativity and ability, to work out solutions to various problems. The law of physics will tax your brains!

Educational activities are also on the agenda at the [Musée de la nature et des sciences de Sherbrooke](#). The museum has just reopened after a period of renovations, but starting on February 28, families will be able to enjoy a full program of school break activities including the unveiling of the skeleton of a minke whale, science exhibits and workshops, interactive displays and documentary movies.

On March 3, the museum will host an immersive lecture on Quebec's birds of prey, explaining how some of their habitats are being threatened and on March 4, an interactive presentation will immerse youngsters in the science of air and atmospheric pressure. Museum staff demonstrate how it works, through experiments with everyday objects such as balloons and parachutes. (On Sunday, March 1, admission is free for children under 19 years old.)



Photo credit: UQROP



Photo credit: Sciences en folie

Another museum in Sherbrooke – [Musée d'histoire de Sherbrooke](#) – is running three fun activities designed for children (6-11 years) during the school break.

Taking its theme from the Nos Géant(e)s exhibition, the museum invites youngsters to discover some of the « giants » of Quebec society at a workshop where they can create giant mittens in tribute to these cultural icons (March 3). The next day – March 4 – bibliophiles will be able to indulge in their love of literature by learning about unique and rare books during a talk given by expert Olivier Laliberté, founder of the La Talle bookstore.

On March 5, there is another behind-the-scenes look (free for children age 12 and younger) at what is part of the daily running of a museum, namely how to conserve artefacts. (Please note that on Sunday, March 1, admission is free for those aged 20 and younger and for people of all ages, on Thursday, March 5, courtesy of Desjardins.)

For more suggestions check out:

[What to do during the school break in the Townships?](#)

About Tourism Eastern Townships

Tourisme Cantons-de-l'Est (Tourism Eastern Townships) is one of Quebec's 21 regional tourism associations (ATR) and the official representative of Quebec's Ministry of Tourism in the region. Since 1978, TCE's mission has been to foster the region's tourism development, promote, coordinate, support and represent the entire tourism sector, while focusing on the quality of the visitor experience. TCE brings together nearly 600 members representing more than 900 tourism offerings throughout the 9 regional county municipalities (MRCs) and in all sectors of the tourism industry: accommodation, restaurants, attractions, activities and events.

The Eastern Townships rank fifth in terms of overnight stays in Quebec with volumes reaching 61.2 million of overnight stays and tourism revenues of \$1.3 billion per year. Tourism-related sectors account for approximately 1 in 10 jobs in the region, corresponding to more than 21,000 jobs.

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