



Hundreds of Trails to Discover

The Eastern Townships region has 236 lakes, 23 beaches and several hundred kilometres of hiking trails. The scenery surrounding each one is unique and shows off the many different facets of our beautiful, natural environment. Four national parks, [Mont-Orford](#), [Yamaska](#), [Frontenac](#) and [Mont-Mégantic](#), are open year round and offer an array of activities every season, including plenty of hiking trails.

There are lots of trails to be explored outside of the national parks, too. The [Sentiers de l'Estrie](#), for example, offers over 200 kms of marked trails suitable for every skill level, complete with shelters along the way. Another way to discover the region's mountains is to follow the [Route des Sommets](#), which leads visitors through the Mégantic region, where the Townships' highest peaks are located.

Finally, if you need help finding the right hiking or snowshoeing trail, consult the handy tool on [our website](#). Simply select desired criteria (geographical region, distance of the trail, difficulty, accessibility, dog friendliness, etc.) and it will choose a trail that perfectly corresponds to your needs. Plus, each of our top 80 trails has its own page featuring technical information and key details. Bonus: It's an interactive portal, so users can add their comments, photos and videos. An essential tool to explore before you lace up!

