



On Two Wheels

Bike tourism is increasingly popular in the Eastern Townships—and it's easy to see why. With varied terrain featuring vast plains and mountains, plus secondary routes offering spectacular scenery, the region's 500+ kilometres of mountain and road bike paths are sure to please.

For the brave souls after an adrenaline rush, the Townships have what you need—summer and winter. Enjoy the mountain bike centres of [Parc de la Gorge de Coaticook](#), in [East Hereford](#), [Bromont](#), [Montagne d'expériences](#), [Plein Air Sutton](#) or [Mont Bellevue](#). There are the usual summer trails, of course, but also many winter-maintained runs for fatbiking. (And yes, rentals are usually available.)

You'll find lots of package options and itinerary suggestions in the [cycling section of our website](#).

And did you know? In case of fatigue, bad weather or a mechanical issue, cyclists and hikers can call Taxi-Vélo-Rando, a roadside assistance service for cyclists and hikers available 24/7. You can reach them at 1-877-766-VELO (8356).

